



LENTEN CALENDAR

March 2017



SUNDAY

26

MONDAY

27

TUESDAY

28

ASH WEDNESDAY

1

“Even now, says the Lord, return to me with your whole heart . . .”

Jl. 2:12

Write your Lenten intentions on paper hearts and place them in a bowl or basket so you will be reminded each day to turn to God.

THURSDAY

“But when you pray, go to your inner room, close the door, and pray to your Father in secret.”
Mt. 6:6

Seek out quiet times and places for prayer each day during Lent.

2

FRIDAY

“If you bestow your bread on the hungry and satisfy the afflicted, Then light shall rise for you in the darkness . . .” **Is 58:10**

Shop for food items to donate to a parish or community food bank in order to assist those in need.

3

SATURDAY

“Teach me your way, O Lord, that I may walk in your truth.” **Ps 86:11**

Go for a walk together in a park or other place of beauty. Pay attention to signs of God’s creation all around you.

4



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SUNDAY

“The Spirit drove Jesus out into the desert, and he remained in the desert for forty days.” **Mk 1:12**

The season of Lent lasts for forty days. Consider how you will use this time to pray, to ask God for his forgiveness, and to help those in need.

5

MONDAY

“Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.” **Mt 25:40**

Look for ways to treat each person you meet today as you would treat Jesus.

6

TUESDAY

“This is how you are to pray: Our Father who art in heaven, hallowed be thy name . . .” **Mt 6:9**

Offer an Our Father together. Pray it slowly and pay attention to each word and phrase.

7

WEDNESDAY

“A clean heart create for me, O God, and a steadfast spirit renew within me.” **Ps 51:12**

Be aware of your words and actions today. How can you make each one more loving and kind?

8

THURSDAY

“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.” **Mt 7:7**

What does your family need to be happy and holy? Offer a prayer together and bring those needs to God.

9

FRIDAY

“Go first and be reconciled with your brother, and then come offer your gift.” **Mt 5:24**

Talk about any ways in which your family needs to forgive and reconcile with one another. Offer words of forgiveness to one another.

10

SATURDAY

“But I say to you, love your enemies, and pray for those who persecute you . . .” **Mt 5:44**

Make an effort to be kind and patient today with someone who is difficult to love.

11